

**Dear Lord Jesus,**

by Your Passion and Resurrection  
You brought life to the world.

But the glory of the Resurrection  
came only after the sufferings of the Passion.



You laid down Your life willingly  
and gave up everything for us.

Your body was broken and fastened to a Cross,  
Your clothing became the prize of soldiers,  
your blood ebbed slowly but surely away,  
and Your Mother was entrusted to the beloved disciple.

Stretched out on the Cross,  
deprived of all earthly possessions and human aid,  
You cried out to Your Father that the end had come.  
You had accomplished the work given You,  
and You committed into His hands,  
as a perfect gift,  
the little life that remained to You.

Lord, teach me to accept all afflictions  
after the example You have given.  
Let me place my death in Yours  
and my weakness in Your abandonment,  
Take hold of me with Your love,  
that same foolish love that knew no limits,  
and let me offer myself to the Father  
with You so that I may rise with You to eternal life.

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