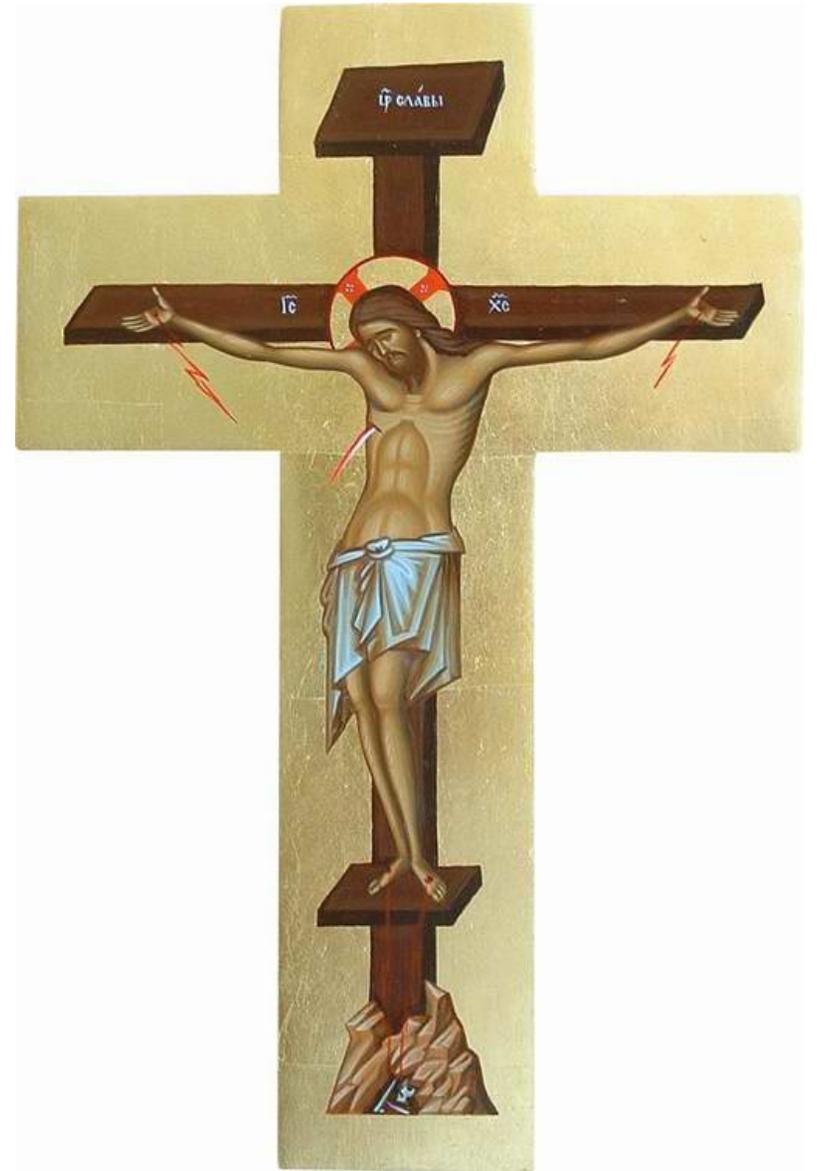


“Take Up Your Cross”

The Way of the Cross



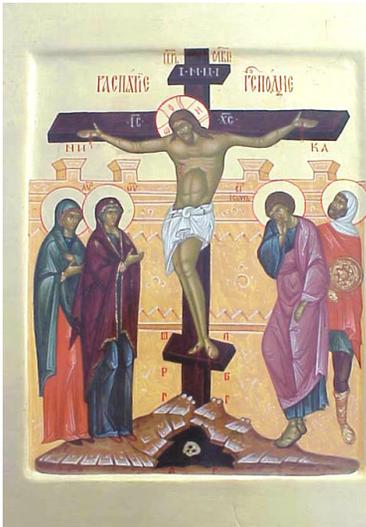
“Take up Your Cross”

The Way of the Cross

Introduction:

Hymn (“Stabat Mater”):

Jesus, Lord, condemned, defiled,
May we too be meek and mild
As we tread your holy Way.



Leader: Let us walk the Way of the Cross in the name of the Father ✠ and of the Son and of the Holy Spirit.

ALL: Amen.

Leader: We adore you, O Christ, and we praise you

ALL: because by your holy Cross you have redeemed the world.

Leader: Whoever wishes to come after me

ALL: must deny oneself, take up his cross, and follow me. (Mk 34)

Leader: We are always carrying about in the body the dying of Jesus,

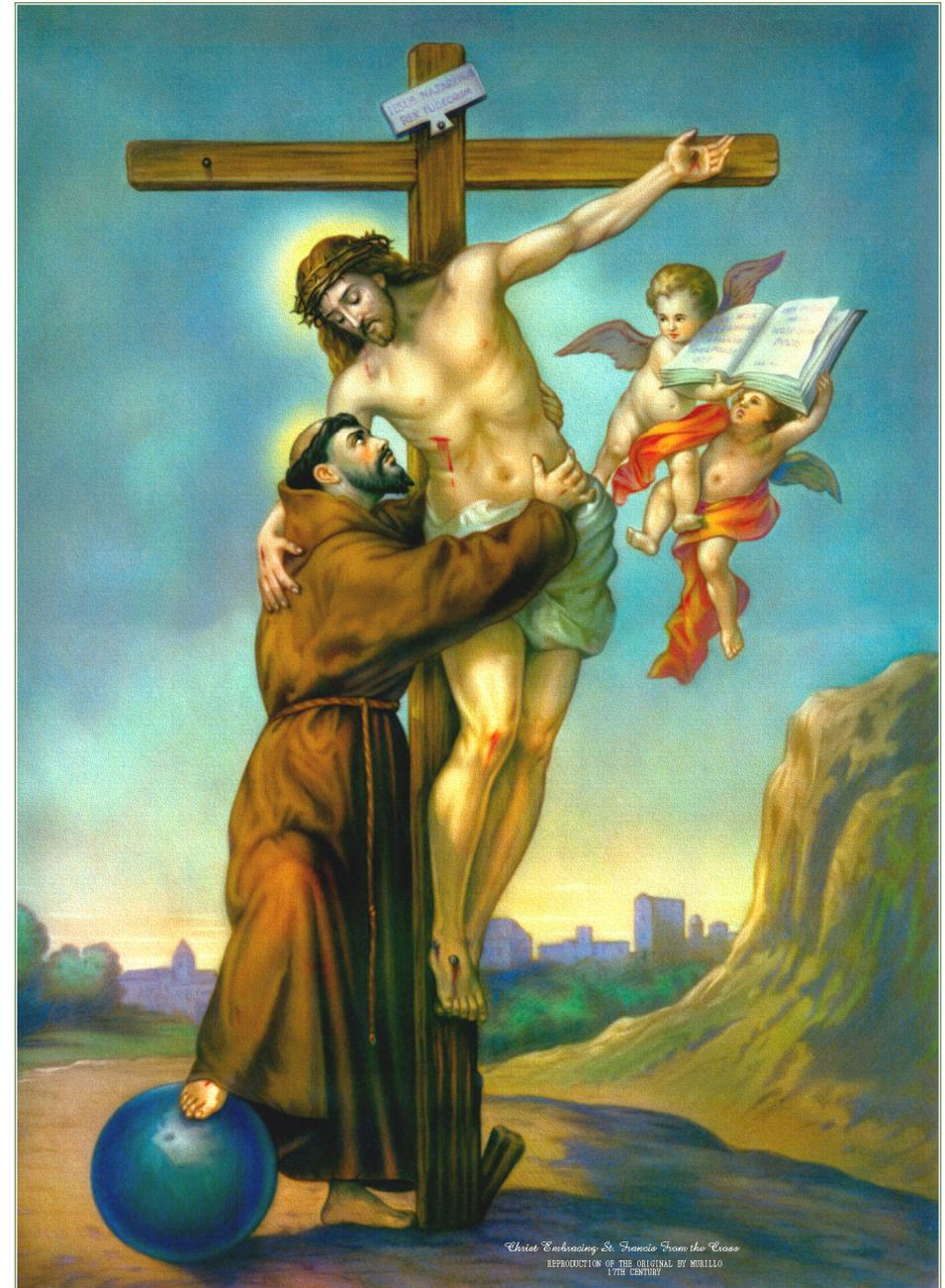
ALL: so that the life of Jesus may

also be manifested in our body. (2 Cor 4:10)

Leader: For if we have grown into union with him through a death like his,

ALL: we shall also be united with him in the resurrection. (Rom 6:5)

Leader: God of love and mercy, you so loved us that you sent your only begotten Son to be one like us except sin that we may life and have it to the fullest measure possible. Open our minds and hearts, make believable our words and our actions, that we may conform ourselves to the poor and crucified Christ Jesus, so that, as we are constantly being given up to death for the sake of Jesus, the life of Jesus may be manifested in our mortal flesh. May we consider the sufferings of this present time as nothing compared with the glory to be revealed for us in the resurrection, through



*Prayer of St. Francis of Assisi on Mt. LaVerna
before receiving the Sacred Stigmata:*

**My Lord Jesus Christ,
I pray you to grant me
two graces
before I die:**

**The first is
that during my life
I may feel in my soul and body,
as much as possible,
the pain which you, dear Jesus, sustained
in the hour of your most bitter Passion.**

**The second is that
I may feel in my heart,
as much as possible,
that excessive love
with which you, O Son of God,
were inflamed in willing enduring
such suffering for us sinners.**

Christ our Lord.
ALL: Amen.
**You will show us the path to life,
abounding joy in your presence,
the delights at your right hand forever. (Ps 16:11)**
**With you is the fountain of life,
and in your light we see light. (Ps 36:10)**

Hymn (“Old 100th”):

**“Take up your cross and walk with me
Come, share the paschal mystery.
Be one with me in word and deed
And free yourself from slavery.”**

Leader: Lord Jesus crucified,

ALL: have mercy on us.

Leader: Worthy are you, O Lord,

**ALL: for you were slain and with your blood you purchased for
God those from every tribe and tongue, people and nation.**
(Rev 5: 9)

Leader: Worthy is the Lamb that was slain

**ALL: to receive power and riches, wisdom and strength, honor
and glory and blessing. (Rev 5:12)**

Leader: Salvation comes from our God, who is seated on the throne,
and from the Lamb. (Rev 7:10)

**ALL: Amen. Blessing and glory, wisdom and thanksgiving,
honor, power, and might be to our God forever and ever.
Amen. (Rev 7:12)**

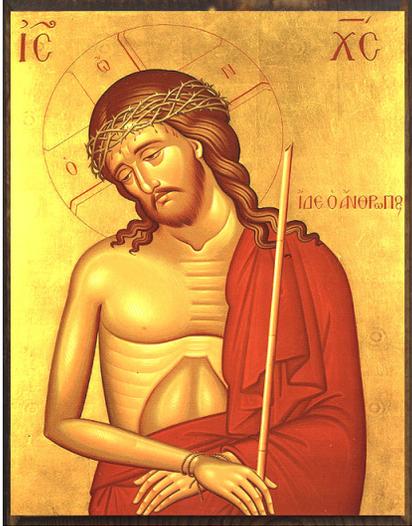
Hymn (“Stabat Mater”):

**Mary, fount of love's devotion,
Let me share with true emotion
All the sorrow you endured.**

First Station: Jesus Is Condemned to Death

Hymn (“*Stabat Mater*”):

May we feel no bitter hatred,
When we too are persecuted,
Left alone to walk with you.



Leader: We adore you, O Christ,
and we praise you

**ALL: because by your holy Cross
you have redeemed the world.**

Leader: Whoever wishes to
come after me

**ALL: must deny oneself, take up
his cross, and follow me. (Mk 34)**

Leader: We are always carrying
about in the body the dying of Jesus,

**ALL: so that the life of Jesus may
also be manifested in our body. (2 Cor
4:10)**

Leader: For if we have grown
into union with him through a death
like his,

ALL: we shall also be united with him in the resurrection. (Rom 6:5)

Leader: O God, my strength and my shield, give us the integrity
and the courage to proclaim the risen Lord and his Gospel
faithfully. Help us acquire the perspective of faith when
we encounter opposition to your Word, so that we may be
united with your Son in his humiliation and suffering for
your great glory, through Christ our Lord.

ALL: Amen.

**Can unjust judges be your allies,
those who create burdens in the name of law,
Those who conspire against the just and condemn the in-
nocent to death?**

**No, the Lord is my secure height,
my God, the rock where I find refuge. (Ps 94:20-22)**

**By the Lord has this been done;
it is wonderful in our eyes.
This is the day the Lord has made;
let us rejoice in it and be glad. (Ps 118:17,22-24)**

Hymn (“Old 100th”):

**To You, great Lord, the One in Three,
All praise forevermore ascend:
O grant us in our home to see
The heav’nly life that knows no end.**

Leader: Lord Jesus crucified,

ALL: have mercy on us.

Leader: Worthy are you, O Lord,

**ALL: for you were slain and with your blood you purchased for
God those from every tribe and tongue, people and nation.
(Rev 5: 9)**

Leader: Worthy is the Lamb that was slain

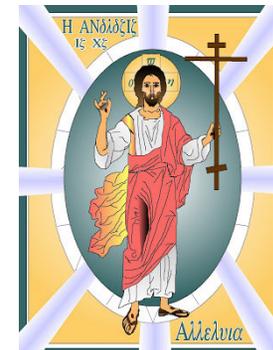
**ALL: to receive power and riches, wisdom and strength, honor
and glory and blessing. (Rev 5:12)**

Leader: Salvation comes from our God, who is seated on the throne,
and from the Lamb. (Rev 7:10)

**ALL: Amen. Blessing and glory, wisdom and thanksgiving,
honor, power, and might be to our God forever and ever.
Amen. (Rev 7:12)**

Hymn (“*Stabat Mater*”):

**To my parting soul be given
Entrance at the gate of Heaven
And in Paradise a place.**



Conclusion: (can be omitted on Good Friday)

Jesus Goes from Cross to Resurrection

Hymn (“*Stabat Mater*”):

Jesus, risen, be our lover
In your food and in our brother,
Lead us home to heaven with you.



Leader: We adore you, O Christ, and we praise you

ALL: because by your holy Cross you have redeemed the world.

Leader: Whoever wishes to come after me

ALL: must deny oneself, take up his cross, and follow me. (Mk 34)

Leader: We are always carrying about in the body the dying of Jesus,

ALL: so that the life of Jesus may also be manifested in our body. (2 Cor 4:10)

Leader: For if we have

grown into union with him through a death like his,
ALL: we shall also be united with him in the resurrection. (Rom 6:5)

Leader: Almighty God, I tend to hold on to things and people. I want to control my own life. It is difficult for me to “let go” of pet peeves and pet projects. It is hard to “let go” of old habits and walk more steadily in your ways. Help me to die to self so I may become the person you created me to be with new life lived to the fullest through Christ our Lord.

ALL: Amen.
I shall not die but live
and declare the deeds of the Lord.
The stone the builders rejected
has become the cornerstone.

Hymn (“Old 100th”):

“Take up your cross,” our Savior said,
“Deny yourself and follow me.
To lose your life and find my love,
Surrender self, conform to me.”

Leader: Lord Jesus crucified,

ALL: have mercy on us.

Leader: Worthy are you, O Lord,

ALL: for you were slain and with your blood you purchased for God those from every tribe and tongue, people and nation.

(Rev 5: 9)

Leader: Worthy is the Lamb that was slain

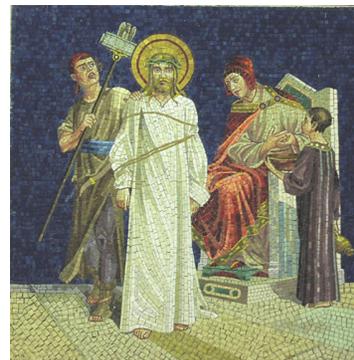
ALL: to receive power and riches, wisdom and strength, honor and glory and blessing. (Rev 5:12)

Leader: Salvation comes from our God, who is seated on the throne, and from the Lamb. (Rev 7:10)

ALL: Amen. Blessing and glory, wisdom and thanksgiving, honor, power, and might be to our God forever and ever. Amen. (Rev 7:12)

Hymn (“*Stabat Mater*”):

At the cross her station keeping
Stood the mournful mother weeping,
Close to Jesus to the last.



Second Station: **Jesus Takes Up His Cross**

Hymn (*"Stabat Mater"*):

**Now the cross as Jesus bore it,
Has become for us who share it,
The great cross of victory.**



Leader: We adore you, O Christ, and we praise you

ALL: because by your holy Cross you have redeemed the world.

Leader: Whoever wishes to come after me

ALL: must deny oneself, take up his cross, and follow me. (Mk 34)

Leader: We are always carrying about in the body the dying of Jesus,

ALL: so that the life of Jesus may also be manifested in our body. (2 Cor 4:10)

Leader: For if we have grown into union with him through a death like his,

ALL: we shall also be united with him in the resurrection. (Rom 6:5)

Leader: God, my refuge and my strength, help me to take up the crosses that I encounter in life. Teach me what it means to be an authentic disciple of your beloved Son. Transform my human weakness into steadfastness, through Christ our Lord.

ALL: Amen.

**I called on the name of the Lord, "O Lord, save my life!"
I was helpless, but God saved me.**

**For my soul has been freed from death,
my eyes from tears, my feet from stumbling.**

I shall walk before the Lord in the land of the living. (Ps 116:4,6,8)

Hymn (*"Old 100th"*):

"Take up your cross," the Savior said,

Leader: Lord Jesus crucified,

ALL: have mercy on us.

Leader: Worthy are you, O Lord,

ALL: for you were slain and with your blood you purchased for God those from every tribe and tongue, people and nation. (Rev 5: 9)

Leader: Worthy is the Lamb that was slain

ALL: to receive power and riches, wisdom and strength, honor and glory and blessing. (Rev 5:12)

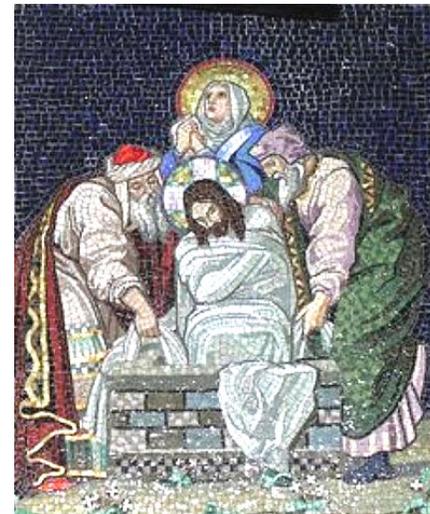
Leader: Salvation comes from our God, who is seated on the throne, and from the Lamb. (Rev 7:10)

ALL: Amen. Blessing and glory, wisdom and thanksgiving, honor, power, and might be to our God forever and ever. Amen. (Rev 7:12)

(To gain the plenary indulgence for walking the way of the cross, please pray the "Our Father," the "Hail Mary," the "Glory Be," and the "Apostles' Creed.")

Hymn (*"Stabat Mater"*):

**Savior, when my life shall leave me,
Through your mother's prayers receive me
With the fruits of victory.**



Fourteenth Station: **Jesus Is Placed in the Tomb**

Hymn (*“Stabat Mater”*):

**Jesus, Lord, your gift accepted,
In three days you’re resurrected;
You did first what we shall do.**

Leader: We adore you, O Christ, and we praise you

ALL: because by your holy Cross you have redeemed the world.

Leader: Whoever wishes to come after me

ALL: must deny oneself, take up his cross, and follow me. (Mk 34)

Leader: We are always carrying about in the body the dying of Jesus,

ALL: so that the life of Jesus may also be manifested in our body. (2 Cor 4:10)

Leader: For if we have grown into union with him through a death like his,

ALL: we shall also be united with him in the resurrection. (Rom 6:5)

Leader: Loving God, I believe that Jesus is the resurrection and the life. Help me to lay aside my needs for the sake of others as Jesus did. Help me to be the instrument of your healing love so that others may experience new life and live in the circle of your mercy and love, through Christ our Lord.

ALL: Amen.

I am reckoned with those who go down to the pit;

My couch is among the dead,

like the slain who lie in the grave. (Ps 88:5-6)

**O Lord, my God, I cried out to you for help
and you healed me.**

**Lord, you brought my soul up from Sheol;
you let me live, from going down to the pit. (Ps 30:3-4)**

Hymn (*“Old 100th”*):

**Take up your cross, embrace the tomb –
the place where selfishness is slain –
Prepare you hearts for risen life
With Jesus Christ who lives and reigns.**

**“If you would my disciple be;
Forsake the past, and come this day
To humbly follow after me.”**

Leader: Lord Jesus crucified,

ALL: have mercy on us.

Leader: Worthy are you, O Lord,

**ALL: for you were slain and with your blood you purchased for
God those from every tribe and tongue, people and nation.**

(Rev 5: 9)

Leader: Worthy is the Lamb that was slain

**ALL: to receive power and riches, wisdom and strength, honor
and glory and blessing. (Rev 5:12)**

Leader: Salvation comes from our God, who is seated on the throne,
and from the Lamb. (Rev 7:10)

**ALL: Amen. Blessing and glory, wisdom and thanksgiving,
honor, power, and might be to our God forever and ever.
Amen. (Rev 7:12)**

Hymn (*“Stabat Mater”*):

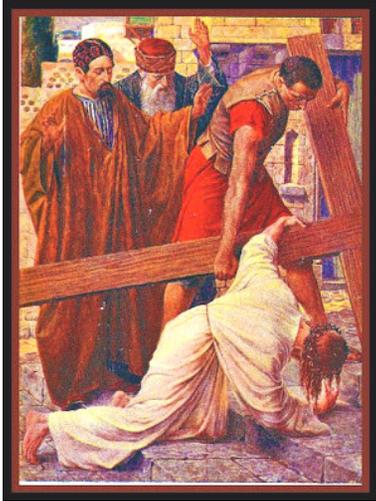
**While she waited in her anguish,
Seeing Christ in torment languish,
Bitter sorrow pierced her heart.**



Third Station: Jesus Falls the First Time

Hymn (*“Stabat Mater”*):

**Weakened, prodded, curs’d, and fallen,
His whole body bruised and swollen,
Jesus tripped and lay in pain.**



Leader: We adore you, O Christ,
and we praise you

**ALL: because by your holy Cross you
have redeemed the world.**

Leader: Whoever wishes to come
after me

**ALL: must deny oneself, take up his
cross, and follow me. (Mk 34)**

Leader: We are always carrying
about in the body the dying of Jesus,

**ALL: so that the life of Jesus may
also be manifested in our body. (2 Cor
4:10)**

Leader: For if we have grown
into union with him through a death

like his,

ALL: we shall also be united with him in the resurrection. (Rom 6:5)

Leader: God of Light, there is so much darkness in our world and
in my life at times. Pull me out of the darkness into your
own wonderful light. When the burdens of life become too
heavy and cause me to fail, help me to get back up. What-
ever my circumstances, allow me to stand in the circle of
your light and love — and share it with others, through
Christ our Lord.

ALL: Amen.

**The Lord is trustworthy in all his words,
and loving in all his works.**

**The Lord supports all who are falling
and raises up all who are bowed down. (Ps 145:13-14)**

Hymn (*“Old 100th”*):

where their form will waste away.,
But God will redeem my life,
will take me from the hand of Sheol. (Ps 49.15-16)

Hymn (*“Old 100th”*):

**Take up your cross, submit your will
To God’s intentions for your life,
Like being dead to your own plans
Which keep you in the realm of strife.**

Leader: Lord Jesus crucified,

ALL: have mercy on us.

Leader: Worthy are you, O Lord,

**ALL: for you were slain and with your blood you purchased for
God those from every tribe and tongue, people and nation.**

(Rev 5: 9)

Leader: Worthy is the Lamb that was slain

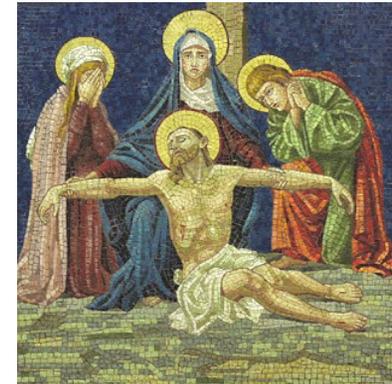
**ALL: to receive power and riches, wisdom and strength, honor
and glory and blessing. (Rev 5:12)**

Leader: Salvation comes from our God, who is seated on the throne,
and from the Lamb. (Rev 7:10)

**ALL: Amen. Blessing and glory, wisdom and thanksgiving,
honor, power, and might be to our God forever and ever.
Amen. (Rev 7:12)**

Hymn (*“Stabat Mater”*):

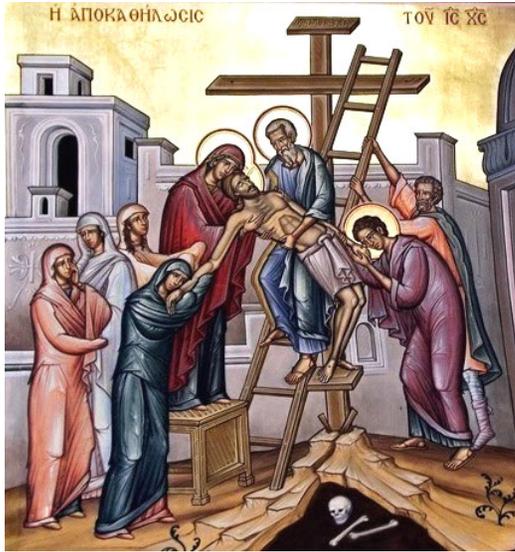
**Savior, when my life shall leave me,
Through your mother’s prayers receive me
With the fruits of victory.**



Thirteenth Station: Jesus Is Taken down from the Cross

Hymn (*“Stabat Mater”*):

**Stunned and stricken, Mary, Mother,
In your arms was placed our Brother,
“Full of grace” now filled with grief.**



Leader: We adore you,
O Christ, and we praise you
**ALL: because by your holy
Cross you have redeemed the
world.**

Leader: Whoever
wishes to come after me
**ALL: must deny oneself,
take up his cross, and follow
me. (Mk 34)**

Leader: We are always
carrying about in the body
the dying of Jesus,
**ALL: so that the life of Je-
sus may also be manifested
in our body. (2 Cor 4:10)**

Leader: For if we have grown into union with him through a death
like his,

ALL: we shall also be united with him in the resurrection. (Rom 6:5)

Leader: God, Creator of all, it is very moving to stand near Jesus’
mother, Mary, as she holds the body of her dead son be-
fore allowing it to be prepared for burial. So many people
die or are killed with no family present to console them or
to embrace their bodies. Help me to understand — and act
accordingly — that everyone I encounter belongs to your
holy family and is my sister or brother through Christ our
Lord.

ALL: Amen.

**Like a herd of sheep they will be put into Sheol,
and Death will shepherd them.
Straight to the grave they descend,**

**Take up your cross; let not its weight
Pervade your soul with vain alarm;
His strength shall bear your spirit up,
Sustain your heart, and nerve your arm.**

Leader: Lord Jesus crucified,

ALL: have mercy on us.

Leader: Worthy are you, O Lord,

**ALL: for you were slain and with your blood you purchased for
God those from every tribe and tongue, people and nation.**
(Rev 5: 9)

Leader: Worthy is the Lamb that was slain

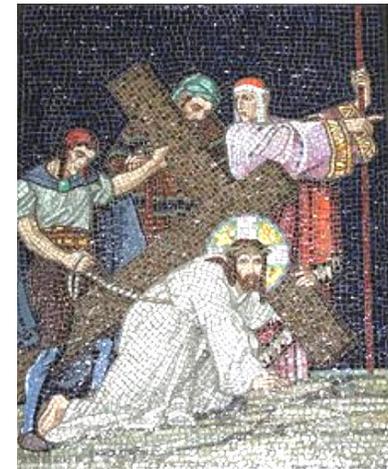
**ALL: to receive power and riches, wisdom and strength, honor
and glory and blessing. (Rev 5:12)**

Leader: Salvation comes from our God, who is seated on the throne,
and from the Lamb. (Rev 7:10)

**ALL: Amen. Blessing and glory, wisdom and thanksgiving,
honor, power, and might be to our God forever and ever.
Amen. (Rev 7:12)**

Hymn (*“Stabat Mater”*):

**With what pain and desolation,
With what noble resignation,
Mary watched her dying Son.**



Fourth Station: **Jesus Meets His Grieving Mother**

Hymn (“*Stabat Mater*”):

**Jesus met his grieving Mother,
She who made the Lord our Brother;
Now the sword her heart has pierced.**



Leader: We adore you, O Christ, and we praise you

ALL: because by your holy Cross you have redeemed the world.

Leader: Whoever wishes to come after me

ALL: must deny oneself, take up his cross, and follow me. (Mk 34)

Leader: We are always carrying about in the body the dying of Jesus,

ALL: so that the life of Jesus may also be manifested in our body. (2 Cor 4:10)

Leader: For if we have grown into union with him through a death like his,

ALL: we shall also be united with him in the resurrection. (Rom 6:5)

Leader: Heavenly God – who said through your prophet Isaiah, “Can a mother forget her infant, be without tenderness for the child of her womb? Even should she forget, I will never forget you.” – it is not easy for us, to see the truth about ourselves, the world in which we live or our relationship with you. Help us to walk steadily along the path that leads to truth, the truth that will set us free, through the intercession of the Blessed Virgin Mary and in the name of Christ our Lord.

ALL: Amen.

**How long must I carry sorrow in my soul,
grief in my heart day after day?
The Lord is close to the brokenhearted,
saves those whose spirit is crushed.**

**death's terrors fall upon me. (Ps 55.5)
But I shall not die but live
and declare the deeds of the Lord. (Ps 118.17)**

Hymn (“Old 100th”):

**Take up your cross and share Christ's death
That you may die to all that thwarts
The joy and glory of God's life
And his great peace within your heart.**

Leader: Lord Jesus crucified,

ALL: have mercy on us.

Leader: Worthy are you, O Lord,

ALL: for you were slain and with your blood you purchased for God those from every tribe and tongue, people and nation.

(Rev 5: 9)

Leader: Worthy is the Lamb that was slain

ALL: to receive power and riches, wisdom and strength, honor and glory and blessing. (Rev 5:12)

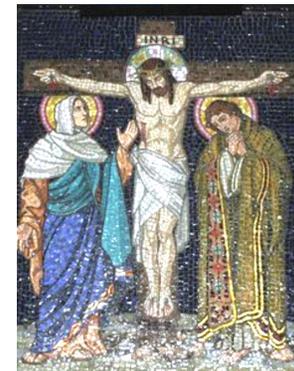
Leader: Salvation comes from our God, who is seated on the throne, and from the Lamb. *(Rev 7:10)*

ALL: Amen. Blessing and glory, wisdom and thanksgiving, honor, power, and might be to our God forever and ever.

(Rev 7:12)

Hymn (“*Stabat Mater*”):

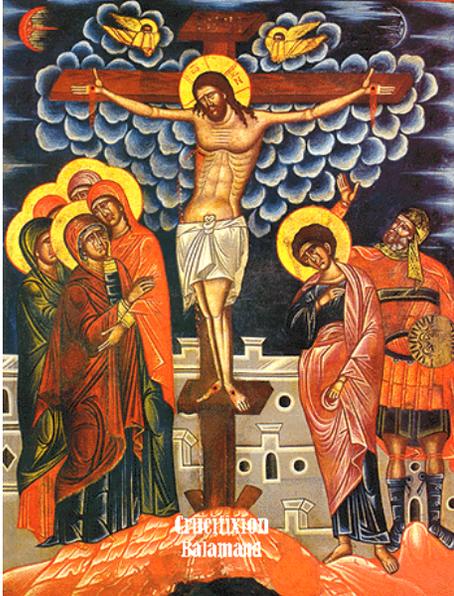
**Christ she saw with life-blood failing,
All her anguish unavailing,
Saw him breathe his very last.**



Twelfth Station: Jesus Dies on the Cross

Hymn (“*Stabat Mater*”):

Life eternal, death defiant,
Bowed his head -- the world was silent,
Through his death came life anew.



Leader: We adore you, O Christ, and we praise you

ALL: because by your holy Cross you have redeemed the world.

Leader: Whoever wishes to come after me

ALL: must deny oneself, take up his cross, and follow me. (Mk 34)

Leader: We are always carrying about in the body the dying of Jesus,

ALL: so that the life of Jesus may also be manifested in our body. (2 Cor 4:10)

Leader: For if we have grown into union with him through a death like his,

ALL: we shall also be united with him in the resurrection. (Rom 6:5)

Leader: My God, my God, how awesome it is to stand at the foot of the Cross with Mary and see your Son die. He is the New Adam who has said yes to you, and his Mother is the New Eve. Saying yes to you, even to the moment of death, is essential to be a beloved disciple. I believe this, but please help me to say it and mean it. We ask this through Christ our Lord.

ALL: Amen.

**I was caught by the cords of death;
the snares of Sheol had seized me;
I felt agony and dread. (Ps 116.3)**

**Like water my life drains away. (Ps 22.15)
My heart pounds within me;**

**Many are the troubles of the righteous,
but the Lord delivers the righteous from them all. (Ps 34:18-20)**

Hymn (“Old 100th”):

**Take up your cross; be not afraid!
Though grief and sadness take their toll,
With Mary’s pray’r and Christ’s own grace,
You can achieve your life-long goal.**

Leader: Lord Jesus crucified,

ALL: have mercy on us.

Leader: Worthy are you, O Lord,

ALL: for you were slain and with your blood you purchased for God those from every tribe and tongue, people and nation. (Rev 5: 9)

Leader: Worthy is the Lamb that was slain

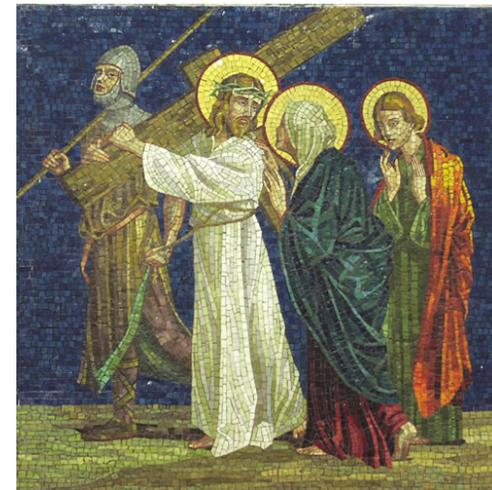
ALL: to receive power and riches, wisdom and strength, honor and glory and blessing. (Rev 5:12)

Leader: Salvation comes from our God, who is seated on the throne, and from the Lamb. (Rev 7:10)

ALL: Amen. Blessing and glory, wisdom and thanksgiving, honor, power, and might be to our God forever and ever. Amen. (Rev 7:12)

Hymn (“*Stabat Mater*”):

**Ever-patient in her yearning
Though her tear-filled eyes were burning,
Mary gazed upon her Son.**



Fifth Station: Jesus Is Helped by Simon of Cyrene

Hymn (*"Stabat Mater"*):

**Simon stopped in hesitation,
Not foreseeing his proud station,
Called to bear the cross of Christ.**



Leader: We adore you, O Christ, and we praise you

ALL: because by your holy Cross you have redeemed the world.

Leader: Whoever wishes to come after me

ALL: must deny oneself, take up his cross, and follow me. (Mk 34)

Leader: We are always carrying about in the body the dying of Jesus,

ALL: so that the life of Jesus may also be manifested in our body. (2 Cor 4:10)

Leader: For if we have grown into union with him through a death like his,

ALL: we shall also be united with him in the resurrection. (Rom 6:5)

Leader: God, my rock, my deliverer, thank you for the example of Simon of Cyrene and for the gift of your Son Jesus who helps me carry my burdens. Teach me to walk alongside Jesus and take his yoke upon my shoulders so that, with his help, I can carry my burdens and help others carry theirs. We ask this through Christ our Lord.

ALL: Amen.

Blessed be the Lord;

marvelously he showed to me

his mercy in a fortified city.

Though I had said in my alarm,

"I am cut off from your eyes."

Yet you heard my voice, my cry for mercy,

when I pleaded with you for help. (Ps 31:22-23)

**Take up your cross and follow Christ,
Nor think till death to lay it down;
For only those who bear the cross
May hope to wear a golden crown.**

Leader: Lord Jesus crucified,

ALL: have mercy on us.

Leader: Worthy are you, O Lord,

ALL: for you were slain and with your blood you purchased for God those from every tribe and tongue, people and nation.

(Rev 5: 9)

Leader: Worthy is the Lamb that was slain

ALL: to receive power and riches, wisdom and strength, honor and glory and blessing. (Rev 5:12)

Leader: Salvation comes from our God, who is seated on the throne, and from the Lamb. (Rev 7:10)

ALL: Amen. Blessing and glory, wisdom and thanksgiving, honor, power, and might be to our God forever and ever. Amen. (Rev 7:12)

Hymn (*"Stabat Mater"*):

**At the cross, your sorrow sharing,
All your grief and torment bearing,
Let me stand and mourn with you.**



Eleventh Station: **Jesus Is Nailed to the Cross**

Hymn (“*Stabat Mater*”):

**Pierced the hands that blessed and cured us;
Pierced the feet that walked to free us,
Walked the hill of Calvary.**



Leader: We adore you, O Christ,
and we praise you

**ALL: because by your holy Cross
you have redeemed the world.**

Leader: Whoever wishes to
come after me

**ALL: must deny oneself, take up his
cross, and follow me. (Mk 34)**

Leader: We are always carrying
about in the body the dying of Jesus,

**ALL: so that the life of Jesus may
also be manifested in our body. (2 Cor
4:10)**

Leader: For if we have grown
into union with him through a death
like his,

ALL: we shall also be united with him in the resurrection. (Rom 6:5)

Leader: God of mercy and compassion, we are learning that forgiving does not mean forgetting, but rather remembering so that we will not allow the hurt to be repeated. At the same time, I find it difficult to forgive others and even myself. Help me to learn from the example of my crucified Lord how to truly forgive. We ask this through Christ our Lord.

ALL: Amen.

**They have pierced my hands and my feet
I can count all my bones.
They stare at me and gloat;
they divide my garments among them;
for my clothing they cast lots. (Ps 22:17-19)**

Hymn (“Old 100th”):

Hymn (“Old 100th”):

**Take up your cross as Simon did
To aid another in one’s need.
For when you lend a helping hand,
You share in Christ’s redemptive deed.**

Leader: Lord Jesus crucified,

ALL: have mercy on us.

Leader: Worthy are you, O Lord,

**ALL: for you were slain and with your blood you purchased for
God those from every tribe and tongue, people and nation.**

(Rev 5: 9)

Leader: Worthy is the Lamb that was slain

**ALL: to receive power and riches, wisdom and strength, honor
and glory and blessing. (Rev 5:12)**

Leader: Salvation comes from our God, who is seated on the throne,
and from the Lamb. (Rev 7:10)

**ALL: Amen. Blessing and glory, wisdom and thanksgiving,
honor, power, and might be to our God forever and ever.
Amen. (Rev 7:12)**

Hymn (“*Stabat Mater*”):

**Who, that sorrow contemplating,
On that passion meditating,
Would not share the Virgin's grief?**



Sixth Station: Jesus Has His Face Wiped by Veronica

Hymn (“*Stabat Mater*”):

**Brave but trembling came the woman,
None but she would flaunt the Roman,
Moved by love beyond her fear.**



Leader: We adore you, O Christ,
and we praise you

**ALL: because by your holy Cross you
have redeemed the world.**

Leader: Whoever wishes to
come after me

**ALL: must deny oneself, take up his
cross, and follow me. (Mk 34)**

Leader: We are always carrying
about in the body the dying of Jesus,

**ALL: so that the life of Jesus may
also be manifested in our body. (2 Cor
4:10)**

Leader: For if we have grown
into union with him through a death
like his,

ALL: we shall also be united with him in the resurrection. (Rom 6:5)

Leader: God, most holy, We are curious to know more about Veronica than what is found in the simplicity of this Sixth Station. But it is enough that her example inspires us to share your love with others. Please give us the ability to recognize people's needs and to help them in whatever ways we can and thereby show to others the loving and redeeming face of Christ our Lord.

ALL: Amen.

O God, restore us;

light up your face, and we shall be saved. (Ps 80.4)

Let your face shine upon your servant; teach me your laws. (Ps 119.135)

“Come,” says my heart, “seek his face”;

your face, Lord, do I seek!

Do not hide your face from me. (Ps 27.8-9)

Hymn (“Old 100th”):

**Take up your cross and leave behind
Those thoughts and deeds that keep you trapped
And hinder you from growing strong
With Christ's embrace, with love enrapt.**

Leader: Lord Jesus crucified,

ALL: have mercy on us.

Leader: Worthy are you, O Lord,

**ALL: for you were slain and with your blood you purchased for
God those from every tribe and tongue, people and nation.**

(Rev 5: 9)

Leader: Worthy is the Lamb that was slain

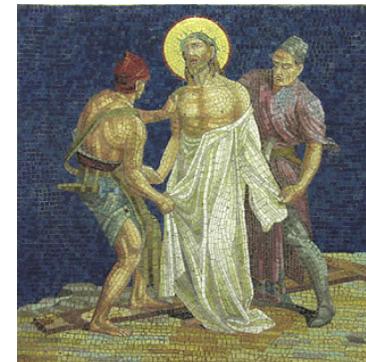
**ALL: to receive power and riches, wisdom and strength, honor
and glory and blessing. (Rev 5:12)**

Leader: Salvation comes from our God, who is seated on the throne,
and from the Lamb. (Rev 7:10)

**ALL: Amen. Blessing and glory, wisdom and thanksgiving,
honor, power, and might be to our God forever and ever.
Amen. (Rev 7:12)**

Hymn (“*Stabat Mater*”):

**Mother, may this prayer be granted:
That Christ's love may be implanted
In the depths of my poor soul.**



Tenth Station: **Jesus Is Stripped of his Garments**

Hymn (“*Stabat Mater*”):

**Stripped and jeered by his own nation,
Jesus stood in desolation,
Giving all he had to give.**



Leader: We adore you, O Christ,
and we praise you

**ALL: because by your holy Cross
you have redeemed the world.**

Leader: Whoever wishes to
come after me

**ALL: must deny oneself, take up
his cross, and follow me. (Mk 34)**

Leader: We are always carrying
about in the body the dying of Jesus,

**ALL: so that the life of Jesus may
also be manifested in our body. (2 Cor
4:10)**

Leader: For if we have grown
into union with him through a death
like his,

ALL: we shall also be united with him in the resurrection. (Rom 6:5)

Leader: O Lord, my God, it is difficult to stand or sit or kneel in
your presence just as I am, with no pretenses, no camou-
flage. It is even harder to allow you to guide me on my
journey; I often prefer to chart my own course. Help me to
listen to you so that I may truly give my heart to you, hold-
ing nothing back, through Christ our Lord.

ALL: Amen.

**Free me from disgrace and contempt,
for I keep your testimonies.**

**Lead me from the way of deceit;
favor me with your law.**

**Avert my eyes from what is worthless;
by your way give me life. (Ps 119:22,29,37)**

**I am just—let me see your face;
when I awake, let me be filled with your presence. (Ps 17:15)**

Hymn (“Old 100th”):

**Take up your cross with caring love;
Remove the blood and sweat and tears
Of those who suffer pain and grief
For lack of justice through the years.**

Leader: Lord Jesus crucified,

ALL: have mercy on us.

Leader: Worthy are you, O Lord,

**ALL: for you were slain and with your blood you purchased for
God those from every tribe and tongue, people and nation.
(Rev 5: 9)**

Leader: Worthy is the Lamb that was slain

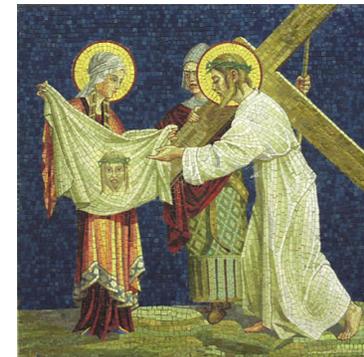
**ALL: to receive power and riches, wisdom and strength, honor
and glory and blessing. (Rev 5:12)**

Leader: Salvation comes from our God, who is seated on the throne,
and from the Lamb. (Rev 7:10)

**ALL: Amen. Blessing and glory, wisdom and thanksgiving,
honor, power, and might be to our God forever and ever.
Amen. (Rev 7:12)**

Hymn (“*Stabat Mater*”):

**Christ she saw, for our salvation,
Scourged with cruel acclamation,
Bruised and beaten by the rod.**



Seventh Station: Jesus Falls the Second Time

Hymn (“*Stabat Mater*”):

**Prostrate on the dust he crumbled,
Flogged in body, he resembled
All our people poor and scorned.**



Leader: We adore you, O Christ,
and we praise you

**ALL: because by your holy Cross you
have redeemed the world.**

Leader: Whoever wishes to
come after me

**ALL: must deny oneself, take up his
cross, and follow me. (Mk 34)**

Leader: We are always carrying
about in the body the dying of Jesus,

**ALL: so that the life of Jesus may
also be manifested in our body. (2 Cor
4:10)**

Leader: For if we have grown
into union with him through a death

like his,

ALL: we shall also be united with him in the resurrection. (Rom 6:5)

Leader: Father, let the light of your countenance shine upon us. We acknowledge my weakness. There are times we do not stand firm when our beliefs or values are tested or attacked. When we fall, please help us get back up. And keep us on the path of your kingdom, through Christ our Lord.

ALL: Amen.

My heart shudders, my strength forsakes me;

Lord, it is for you that I wait;

O Lord, my God, you respond.

I am very near to falling;

my wounds are with me always.

Do not forsake me, O Lord;

my God, be not far from me!

Come quickly to help me,

Hymn (“Old 100th”):

**Take up your cross, then, in His strength,
And calmly sin's wild deluge brave;
'Twill guide your to a better home
That points to glory o'er the grave.**

Leader: Lord Jesus crucified,

ALL: have mercy on us.

Leader: Worthy are you, O Lord,

**ALL: for you were slain and with your blood you purchased for
God those from every tribe and tongue, people and nation.**

(Rev 5: 9)

Leader: Worthy is the Lamb that was slain

**ALL: to receive power and riches, wisdom and strength, honor
and glory and blessing. (Rev 5:12)**

Leader: Salvation comes from our God, who is seated on the throne,
and from the Lamb. (Rev 7:10)

**ALL: Amen. Blessing and glory, wisdom and thanksgiving,
honor, power, and might be to our God forever and ever.**

Amen. (Rev 7:12)

Hymn (“*Stabat Mater*”):

**Jesus, may her deep devotion
Stir in me the same emotion,
Fount of love, Redeemer kind.**



Ninth Station: **Jesus Falls the Third Time**

Hymn (“*Stabat Mater*”):

**Jesus fell again in weakness,
Stumbling as we do, to lead us
Through our sorrow and our pain.**



Leader: We adore you, O Christ,
and we praise you

**ALL: because by your holy Cross you
have redeemed the world.**

Leader: Whoever wishes to
come after me

**ALL: must deny oneself, take up his
cross, and follow me. (Mk 34)**

Leader: We are always carrying
about in the body the dying of Jesus,

**ALL: so that the life of Jesus may
also be manifested in our body. (2 Cor
4:10)**

Leader: For if we have grown
into union with him through a death

like his,

ALL: we shall also be united with him in the resurrection. (Rom 6:5)

Leader: God, my Savior, deepen our faith and trust in your love for us. We believe that you are all we have, and with your help, we can face any obstacle on my pilgrim way. But that does not mean that we have lost all my fears, lack of confidence, and anxiety. Please be patient with us as we struggle to stand each time we fall. And give us the strength we need each day, through Christ our Lord.

ALL: Amen.

**God alone is my rock and my salvation,
my fortress; I shall not fall.**

**My deliverance and honor are with God,
my strong rock; my refuge is with God. (Ps 62:7-8)**

**God is our refuge and our strength,
an ever-present help in distress. (Ps 46:1)**

my Lord and my salvation! (Ps 38:11,16,18,22-23)

Hymn (“Old 100th”):

**Take up your cross, nor heed the shame,
Nor let your foolish heart rebel;
For you the Lord endured the cross
To save your soul from death and hell.**

Leader: Lord Jesus crucified,

ALL: have mercy on us.

Leader: Worthy are you, O Lord,

**ALL: for you were slain and with your blood you purchased for
God those from every tribe and tongue, people and nation.
(Rev 5: 9)**

Leader: Worthy is the Lamb that was slain

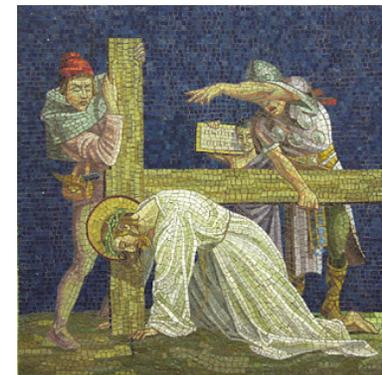
**ALL: to receive power and riches, wisdom and strength, honor
and glory and blessing. (Rev 5:12)**

Leader: Salvation comes from our God, who is seated on the throne,
and from the Lamb. (Rev 7:10)

**ALL: Amen. Blessing and glory, wisdom and thanksgiving,
honor, power, and might be to our God forever and ever.
Amen. (Rev 7:12)**

Hymn (“*Stabat Mater*”):

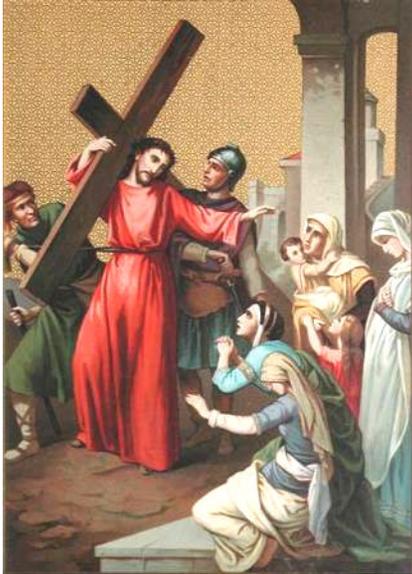
**For his people’s sins chastised,
She beheld her Son despised,
Scourged, and crowned with thorns entwined.**



Eighth Station: Jesus Encounters the Weeping Women

Hymn (“*Stabat Mater*”):

May our sympathy for Jesus
Turn to those who here now need us,
May we see Christ bruised in them.



Leader: We adore you, O Christ,
and we praise you

**ALL: because by your holy Cross
you have redeemed the world.**

Leader: Whoever wishes to
come after me

**ALL: must deny oneself, take up
his cross, and follow me. (Mk 34)**

Leader: We are always carrying
about in the body the dying of Jesus,

**ALL: so that the life of Jesus may
also be manifested in our body. (2 Cor
4:10)**

Leader: For if we have grown
into union with him through a death
like his,

ALL: we shall also be united with

him in the resurrection. (Rom 6:5)

Leader: O God, we take refuge in you. Please manifest your presence in our lives so that we will know that we do not walk alone. Help us to stand in solidarity with the women of Jerusalem — with all of your children — so that we will remain steadfast in our encounters with the forces of evil and chaos that tend to overwhelm us. We ask this through Christ our Lord.

ALL: Amen.

**This is my comfort in affliction,
your promise that gives me life.**

**May your mercy comfort me
in accord with your promise to your servant. (Ps 119:50,76)**

Restore my honor;

turn and comfort me. (Ps 71:21)

Hymn (“Old 100th”):

Take up your cross to seek the Lord.
Let pain and sorrow be relieved
With faith and trust and confidence
In that great mercy you’ve received.

Leader: Lord Jesus crucified,

ALL: have mercy on us.

Leader: Worthy are you, O Lord,

**ALL: for you were slain and with your blood you purchased for
God those from every tribe and tongue, people and nation.**
(Rev 5: 9)

Leader: Worthy is the Lamb that was slain

**ALL: to receive power and riches, wisdom and strength, honor
and glory and blessing. (Rev 5:12)**

Leader: Salvation comes from our God, who is seated on the throne,
and from the Lamb. (Rev 7:10)

**ALL: Amen. Blessing and glory, wisdom and thanksgiving,
honor, power, and might be to our God forever and ever.
Amen. (Rev 7:12)**

Hymn (“*Stabat Mater*”):

Saw him then from judgment taken,
And in death by all forsaken,
Till his spirit he resigned.

