



ADVENT ADVENTURES ACROSS OUR COMMUNITIES

Five communities of Midwest Kindred Spirits have opened their planned advent activities to believers in other communities as an act of hospitality, inclusivity, and to strengthen the bonds of associate relationships. Below are events and activities in which you are welcome to participate:



Sunday November 30, 3:00 p.m. central time (approx. 30 - 40 mins)

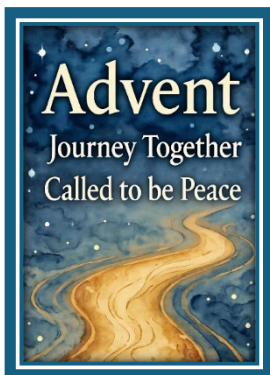
Associate Relationship of the Congregation of Sisters of St. Agnes (CSA)

Mary Mother of Hope You are warmly invited to join CSA associates and sisters for our hybrid Advent Prayer Service as we gather to pray and enjoy each other's company. One of our associate home circles (Blessed Koalas) has been working wholeheartedly on this prayer service!

Where: Zoom

<https://us06web.zoom.us/j/85307787908?pwd=nagmP94AQC5MWWGNjQgXCHBYSPWTA0.1>

Is RSVP required: Not required, but I would welcome a reply to this email if you think you might attend via Zoom Peace and blessings, **Kelly Robe** Director of Associate Relationship
krobe@csasisters.org | (Direct: 920.907.2310



December 1st, 8th, 15th, and 22nd from 8:30-8:45AM Central Time

You are **invited to pray** with the **Dubuque Franciscan's Charism Team** during **Advent**. We will pray: Mondays:. Our theme is "Journey Together: Called to be Peace."

You need not prepare anything – just come with an open heart, listen and reflect. Treat yourself to a special way to start your week. In an effort to create a prayerful contemplative space for everyone, please remain muted throughout the prayer.

<https://us06web.zoom.us/j/89993660764?pwd=gkvXPBul2LVclMXFBgpRJ3qdyE4rzF.1>



advent antiphons

December 17-23, 6:00-6:45 pm, Marywood Chapel of the Word, Grand Rapids, MI 49503

The **Dominican Sisters ~ Grand Rapids** invite you for a unique seven-night Advent experience of prayer and song to quiet your heart and nurture your spirit during this most holy season. Join us in-person or online for one night or all seven! Or mix it up and join us in-person for some, online for others. Whichever way you choose to join us, for however many nights you can, we are eager to share these beautiful and peace-filled moments of Advent with you. Register to join us online

<https://www.grdominicans.org/o-antiphons/>

December 2025 Advent Calendar

Shared by PHJC Associates Sue Escher and Bonnie Hause, PHJC Associates

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Luke 1:26 Make a list of 10 things that bring you joy.	2 Luke 1:30 Tell someone why you love them.	3 Luke 1:31 Gift a mother (or shelter) baby supplies.	4 Luke 1:32 Pray for church, country and world leaders.	5 Luke 1:38 Pray for our congregation worldwide.	6 Luke 2:1 Visit/Send a card to someone who may feel alone.
7 Luke 2:3 Gather family or friends and tell each member what you appreciate about them.	8 Luke 2:4-5 Write/introduce yourself to an Assoc/Sister/FS member you do not know.	9 Luke 2:6-7 Pray for/reach out to those who have lost a loved one and find the holidays difficult.	10 Luke 2:7 Pray for those who have no place to call home.	11 Luke 2:8 Donate food to an animal shelter.	12 Luke 2:9 Create a star for your nativity scene or Christmas tree.	13 Luke 2:10 Clean your house and imagine you're preparing the manger or stall for Jesus birth.
14 Luke 2:11 Anonymously do something nice for someone.	15 Luke 2:12 Share a moment of AWE with someone.	16 Luke 2:13-14 Journal or write a list of things in 2025 you are grateful for.	17 Luke 2:16-17 Exchange a favorite Christmas memory with your own child or a friend.	18 Luke 2:20 Bake and donate cookies to a busy mom or someone home bound to use for the holidays.	19 Matthew 2:1 Reach out to someone who is part of a group that is often looked at or considered "other" and may feel they don't belong.	20 Matthew 2:10 Clean out the refrigerator or a drawer..
21 Matthew 2:11 Take a walk outdoors and pray today for all creation.	22 Matthew 2:12 Volunteer at (or donate to) a food pantry.	23 Isaiah 9:5 Journal about how you have prepared spiritually during this advent season.	24 John 3:16 Light a candle and pray for peace in the world.	25 A Savior is Born! <i>Thanks be to God for this indescribable gift!</i> 2 Corinthians 9:15		



LIGHT OF THE WORLD SHINING THROUGH YOU Advent Reflections December 2025

Hosted by BVM ASSOCIATES, SISTERS, and FRIENDS each Tuesday of Advent at 7:00 PM Central:

<https://us02web.zoom.us/j/81719673167?pwd=v560xrtaDca3HoVBeU1N1TVy7k2Kon.1>

As we enter this season of gratitude and rejoicing, consider reflecting on how important words are:

When read in solitude, words stimulate your mind. When written as poetry, one's soul is untethered. When spoken to another, words transmit energy. When lifted in unison, words transcend. When uttered in anger, words embody discord. When voiced in understanding, words create cohesion. When asserted in compassion, words clarify communication.

Four signature words proclaim the weekly themes of Advent — hope, peace, joy, and love — each powerfully manifesting aspects of God. Similarly, the BVM Community has blossomed, united upon four essential terms, our core values — Freedom, Education, Charity, and Justice. [Click here for an overview of the core values.](#) You are invited to spend time this Advent in prayer, in the written word, in journaling, and in conversation.

Feel free to use different genres such as poetry, letters, fiction, nonfiction, etc. The prompts are provided ahead of the Zoom calls, so that during the calls you can focus on sharing (if desired) and listening more deeply together. You are welcome to come listen even if you did not do the written prompts.

Dec 2 HOPE – EDUCATION

Writing Prompt 1: In this darkening Advent season, what renewal do you anticipate?

Writing Prompt 2: What new knowledge do you hope to gain in the year to come concerning yourself, your community, and your world?

Alternatively: Write on something if you are so led.

Dec 9 PEACE – FREEDOM

Writing Prompt 1: Historically in the Church, Advent has been tied to Lent, as they are both seasons of darkness before Christ's human presence on Earth and Christ's journey to the cross. How does the Peace of Christ manifest in your community?

Writing Prompt 2: How does your faith manifest freedom in your daily life?

Alternatively: Write on something if you are so led.

Dec 16 JOY - JUSTICE

Writing Prompt 1: What causes you grief over political strife and what can you do to transform that to joy?

Writing Prompt 2: Where have you seen community members bringing about justice?

Alternatively: Write on something if you are so led.

Dec 23 LOVE - CHARITY

Writing Prompt 1: How has your love for the people and institutions for which you are presently grieving influenced how you celebrate this season of Love?

Writing Prompt 2: What gifts, not necessarily material items, do you cherish with your community? (These can be what you give, what you receive, and/or what you see others giving each other.)

Alternatively: Write on something if you are so led.