

REFLECTION QUESTIONS

- ✦ Do criticisms set my mind into seething with anger?
- ✦ Can I pause to find in the criticism an opportunity for growth or for bending a little to accommodate others?

SUGGESTED ACTIVITY FOR THE MONTH

Criticism is always hard to take. This month I will strive to take criticism with patience, whether the criticism is merited or not.

VENERABLE MOTHER THERESA DUDZIK'S QUOTATION OF THE MONTH

A NOTE ABOUT THIS GUIDE

Venerable Mother Mary Theresa Dudzik (1860-1918) was a Polish immigrant who deeply felt the misery and suffering of others. She began her ministries to the poor and needy in Chicago, taking them into her own apartment. When there was not enough room to house them all, she established the first home for the aged in the city. And to guarantee that the needy would never be abandoned, she founded a religious congregation, the Franciscan Sisters of Chicago, to continue her ministries.

In this 100th anniversary of her death on September 20, 1918, the Franciscan Sisters of Chicago invite all to share in the spiritual treasures found in her hand-written journal, the *Chronicle*.

This guide represents #12 in a series of 13. The entire series of guides can be found on the Sisters' website, <http://www.chicagofranciscans.org/>



"...Those criticisms of my conduct were no small advantage for my pride. I would want to bear more as long as God would not be offended, and I would consider it even great happiness to be able to suffer for the greater glory of God and the good of this Community."

Your
Constructive
Criticism
is Welcome!